

2018 Solidarity CrossFit Team Series Week 2 Scorecard

Team: _____ Judge _____

18.2A

20 Synchro Hang Power Snatch & 30 Synchro Wall Ball

Partners 1 & 2		Partners 3 & 4	
Rd 1 Snatch x 20	Rd 1 WB x 30	Rd 2 Snatch x 20	Rd 2 WB x 30
Rd 3 Snatch x 20	Rd 3 WB x 30	Rd 4 Snatch x 20	Rd 4 WB x 30
Rd 5 Snatch x 20	Rd 5 WB x 30	Rd 6 Snatch x 20	Rd 6 WB x 30
Rd 7 Snatch x 20	Rd 7 WB x 30	Rd 8 Snatch x 20	Rd 8 WB x 30
Rd 9 Snatch x 20	Rd 9 WB x 30	Rd 10 Snatch x 20	Rd 10 WB x 30

_____ Comple Rounds

_____ Spare Reps

Score is Complete Rounds * 50 + Spare Reps

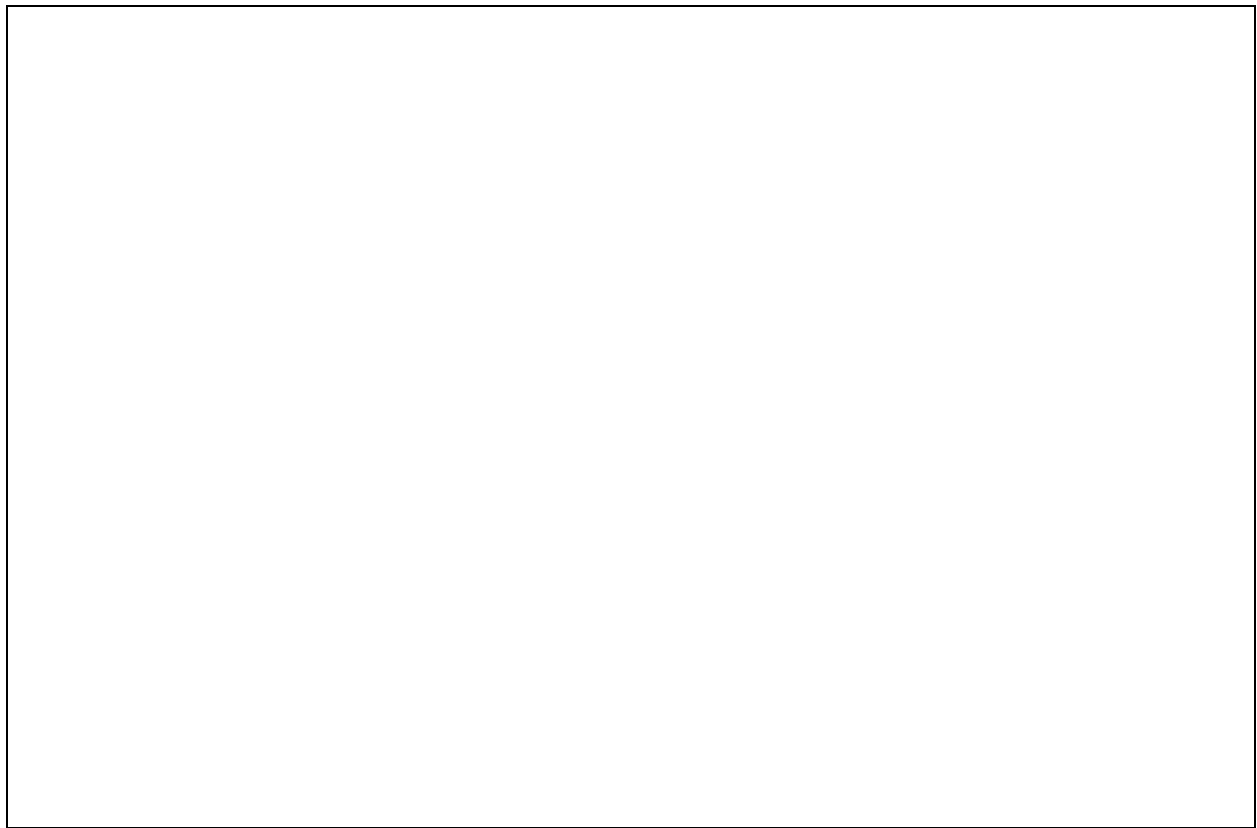
18.1 Score: _____

2018 Solidarity CrossFit Team Series Week 2 Scorecard

Team: _____ Judge _____

18.2B

Complete as many reps as possible in 4:00 of Synchronized Dumbbell Box Step Overs



18.2 Score: _____